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| PERSONAL INFORMATION | Mirela Diaconescu |
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|  | Bucharest, Romania |
| +40720041273  +41... |
| officepilatesstudio@gmail.com |
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| Ella\_ellaella |
| Female | Date of birth 29/08/1985 | Nationality Romanian |

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| Massage Therapist Specialization in. physiotherapy | I am looking for a job position in Massage Therapist în cruise ship.  I have a 10-year experience in Luxury Spa. I worked in a luxury spa in Romania and worked in Zurich in a spa and we I did massage therapeutic, relaxing, somatic, anti-cellulite massage, sports, relaxation, reflexology, digestion, lymphatic drainage, meridian energy massage, thai massage, ayurvedic massage or raindrop therapy with pure essential oils. I mention that I have accredited diplomas and a long experience of more than 10 years. |

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| WORK EXPERIENCE |  |

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| (from06/ 2011 to 01/2015  From 02/2017 to 01/2018    From 01/2007 to 05/2011  From 06/2015/01/2017 | SPA MANAGER |
| HEALTH & BEAUTY TIMIȘOARA, ROMANIA |
| * Company description The Spa Health Center is a beauty and oasis of tranquility for rejuvenation and relaxation for the overall welfare of the body and the soul: it is for life! * Responsibilities-primary accounting documents, Interlocking-specific activities of the secretariat of the protocol activities and organization of activities * -monthly Reporting and general activities of Administrative Assistant-maintaining relationships with clients and suppliers to ensure the transmission of documents by mail, fax, e-mail * -Maintaining and updating the data base documents * -Compilation and drafting of documents and statements required by management * -secretarial and other tasks Taking phone calls, recommending specific treatments customer needs; * -Welcoming customers and their leadership in specific treatment rooms/relaxation-for appointments may be possible appointments/meetings within the daily Activities of the secretariat show. * Activities of primary accounting, customer service, receiving, customers and inviting them to the appropriate departments. We work and we work alongside manager in order to achieve the proposed goals. I am able to solve problems related to Office work, promoting the spa activity via the Internet, networking and good communication between employees of the company in order to achieve the objectives of a good and professional image that we create in front of clients. * I had the following responsibilities: * -to instruiasc the company's employees in order to achieve the objectives in terms of increasing the number of customers and their satisfaction. * -to coordinate and team motivation employees to harness the productivity and quality of service. * â * -Organization and coordination of activity in the Spa Center * -to monitor and evaluate the performance of weekly recorded implementation of new promotional packages and subscriptions in Spa. * -good organizational skills, team spirit. -great flexibility and communication skills. * AccomplishmentsI was responsible for setting the company's business policy and strategy, sales management and creating performance indicators for therapists and specialists in Spa, as well the mobilization of the sales team to achieve the goals. |
| Business Spa Costumers Services  MASSAGE THERAPIST  SPA SALON ZURICH SWITZERLAND  I worked in Zurich in a spa and we I did massage therapeutic, relaxing, somatic, anti-cellulite massage, sports, relaxation, reflexology, digestion, lymphatic drainage, meridian energy massage, thai massage, ayurvedic massage or raindrop therapy with pure essential oils. I mention that I have accredited diplomas and a long experience of more than 10 years.  Treatment of various healing techniques using traditional Ayurvedic medicinal preparations and surgical procedures.  Treatment of physical, mental, emotional and spiritual problems using Reiki.  Involvement of patients in games, craft activities, cooking, music, reading and other activities.  Management of a series of 20 clients, providing education, therapies, IV therapy etc.  Massage Tehnician Therapist  Betty Blue Bucharest Romania  Company Description Center for Weight Loss and Body Remodeling Only for Women. I was performed body weight treatments: chocolate, parafango, fango, paraglide packs, etc. Body treatments: vacuum, electrostimulation, cavitation, body shape, cryolipolysis, bipolar radiofrequency, ultrasound, lymph drainage performed with the device and special suit.  I also performed cellulite massage, manual lymph drainage, reflexology, digestive massage, facial anti-face massage, anti-stress massage, relaxing massage.  I have implemented and recommended to customers packages and promotional offers, increasing sales by 30%.  Massage Spa Therapist  Belle Maison Spa Serenity Bucharest Romania  The company is like an oasis of relaxation and good pleasure in the heart of Bucharest.  I performed most sold spa rituals:  Traveling in Provence -An afternoon in a party under the sky, wrapped in the fragrance of a lavender field. That's how most of our guests describe this ritual.  Massage Parfums of quiet- A spa ritual by which we demonstrate that at Belle Maison Spa, the pamper is divided equally into two. 140 minutes of relaxation, massage and laziness in the jacuzzi. Couple Treatment- An aromatherapy massage, based on essential oils of choice, which eats the mind, relieves the soul and revitalizes the body.  Spa Rituals:  The Ritual of the Foot Bath "Tradition of the Philosophers"  Sea salt exfoliation with different flavors  Shea butter wrapping "Deep Hydration"  Hammam for soles  Facial massage with argan oil  Scalp Massage "Ideas Instant"  Facial drainage  Spend the Jacuzzi |

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| EDUCATION AND TRAINING |  |

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| (from 01/2007 – to 08/2008)  From 01/2007 – to 10/2007 | Massage Therapist specializing in physiotherapy. |  |
| European Courses Institute Bucharest Romania | |
| Course curriculum in metaphysical therapy and transpersonal psychology  Course of study in quantitative and qualitative research method  Graduation summa cum laude  Training in therapeutic massage, aromatherapy and energy therapy  Course curriculum: Human anatomy, psychology and organic biochemistry  Participation in a seminar on cosmetic acupuncture  Training in reflexology and cranio-sacral therapy  Course in molecular genetics, statistics and immunology  Tehnician Massage Therapist  SC. ADA S.R.L. Bucharest Romania  Course in organic anatomy, psychology and biochemistry  Graduation summa cum laude  Training in therapeutic massage, aromatherapy and energy therapy. reflexology, etc.  Participating in a seminar on cosmetic acupuncture  Training in reflexology and cranio-sacral therapy. | |

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| PERSONAL SKILLS |  |

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| Mother tongue(s) | Romanian | | | | |
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| Other language(s) | Understand | | SPEAKING | | WRITING |
| Listening | Reading | Spoken interaction | Spoken production |  |
| English | Avansated | Avansated | Avansated | Avansated | Avansated |
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| Spanish | Good | Good | Good | Good | Good |
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| Communication skills | * good communication skills gained through my experience as spa manager. |

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| Organisational / managerial skills | * leadership (currently responsible for a team of 10 people) |

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| Job-related skills | * good command of quality control processes (currently responsible for quality spa services ) |

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| Digital skills | SELF-ASSESSMENT | | | | |
| Information processing | Communication | Content creation | Safety | Problem solving |
|  | Independent user | Independent user | Independent user | Independent user | Proficient user |
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| Computers skills | * good command of office suite (word processor, spread sheet, presentation software) * good command of photo editing software gained as an amateur photographer | | | | |

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| Other skills | Maintenance of detailed and accurate case histories.  Close collaboration with primary care physicians, physiotherapists and neurologists.  Patient advice on general well-being, posture, nutrition, sleep habits and stress management.  Patients' instruction on post-therapeutic procedures, including breathing techniques, exercise and herbal dressings.  Advice to patients on chiropractic procedures and recommendation of adequate courses of therapy.  Treatment of various healing techniques using traditional Ayurvedic medicinal preparations and surgical procedures.  Treatment of physical, mental, emotional and spiritual problems using Reiki.  Ask patients about their physical and emotional health, lifestyles and diets to determine the potential causes of pain.  Execution of a monthly inventory and maintenance of office and medical supply counts.  Accurate recording and reporting of test results according to established procedures.  Cooperation with a team of qualified nurses to achieve the general well-being of all patients.  Supervision of auxiliary staff of 10 on-call nurses.  Demonstration of skills to lead and motivate excellent support teams.  Guarantee of patient safety and well-being.  Documentation of information obtained from the talks.  Training of new staff on quality control procedures.  Performing therapeutic sessions and training on lifestyles and spiritual counseling.  Adjustment and modification of therapeutic courses if necessary.  Monitoring of the unit budget to ensure satisfaction of financial objectives.  Improved emergency department administration by compiling and analyzing data and identifying areas for improvement.  Management of the medical support team.  Observation of infection control procedures.  Assistance to patients in daily functions.  Coordination of the revision and creation of operating policies in the emergency department.  Implementation of new assignments to plans based on the assessment of staff requirements. |

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| Driving licence | :  No |

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| ADDITIONAL INFORMATION |  |

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| Hobby | I like to read, write, paint and travel. |

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